



The **Hethersett and District Aid in Sickness Fund** has been in operation for many years and was previously known as the Hethersett Nursing Association. It continues with its work meeting needs through financial assistance in Hethersett, Ketteringham and Little Melton.

Grants are available from the charity's funds to help individuals who are sick, inform or convalescent, as well as for help in the supply of medical or nursing equipment for organisations or institutions involved in the care of the sick.

Suggestions for the kind of help available:

- Car adaptations
- Wheelchair or other mobility items
- Support during a sudden medical crisis
- Nebulisers and other equipment
- Pre-payment certificates for prescriptions

If you have a need for something that is not mentioned above, please apply and we will try to help. For further information or to apply for a grant please telephone Alex on 07805 242326 or email AidInSickness@little-melton.org.uk.

Tree Warden

As some of you may know, the position of tree warden for the village has been unoccupied since it left the very capable hands of Sue Bell last summer. My husband, son and I have recently moved to Little Melton and I am excited to be taking on this role. I hope to build on Sue's fantastic work by continuing the survey of the village's trees on the Google MyMap and by using County Council resources to add new native trees to open spaces. The new housing developments with their ecology zones and the expansion of the parish boundary in 2019 will provide particular focus for this. I am no tree expert, but if you have any questions or ideas with regards to any of the above, please don't hesitate to get in touch!

Pippa Gunn— tree.warden@little-melton.org.uk

There are links on www.little-melton.org.uk to matters discussed in this newsletter and further announcements will be made via the Facebook group—which has over 260 members and is well used—please see the website for how to join.

Little Melton Pre-School Nursery



We are looking forward to all the good things to come in the summer term which will include our summer outing. The garden area is such a bonus at this time of year, and has been a great help with our nature theme.

The committee is busy planning more fundraising events for this year - look out for the posters etc. We are always so pleased with how many people from the village and surrounding areas come along to events that are open to all.

We still have some places available. If you are interested in your child joining our nursery do contact the nursery to arrange a visit, either via our website or on the telephone when we are open during term time. We are a very popular nursery and places do get taken up quite quickly, the earlier you book a place the more chance you have of getting the sessions you are particularly interested in. For much more information visit our website - www.littlemeltonpreschoolnursery.co.uk

All Saints Church are holding their annual fete on 16.6.18 from 12.30 until 4.00. There will be a bar b q from 12.30 and teas and cakes will be available from 2 pm. There will be lots of the usual stalls and plenty of games, for the young and young at heart and a hat decorating competition for the children. This will be held at 64 School Lane

Crusaders Rugby Club are in the last month of the contact Rugby Season. The seniors teams, Youth, Girls & Minis have all had very good seasons on the pitch but as the winter matches come to a close the fun continues through the warmer weather with a whole season of summer activities.

Here are a list of all that is happening at Crusaders Rugby Club over the Summer. For more info people can search for us on Facebook or email crusadersrugby@hotmail.com

- TinyTuesday Pre-School Rugby on Tuesday mornings 9.30 & 10.30am (from 17th April for 12 weeks)
- Adult Touch Rugby Tuesday evenings 7.00-8.30pm (starting Tues 1st May throughout the Summer)
- Rugby-Fit Wednesday evenings 7.00-8.30pm (starting Weds 2nd May throughout the Summer)
- Youth Touch Rugby Thursday evenings 7.00-8.30pm (starting Thurs 3rd May throughout the Summer)
- Crusaders Ceilidh Saturday 2nd June 6.30pm
- Crusaders 10th Annual Beer Festival Weekend 20th-22nd July

The Friends of Little Melton Church will be having our AGM on Monday May 14th at 7:30 in the Church so come along and give us your ideas for the future. You will be pleased to know that the band of Norwich Citadel Salvation Army will be with us again on Friday 14th December at 7:30 in the church for a concert of Christmas readings and carols.

Village Hall

Helen Symonds (01603 810671) manages bookings for the Village Hall. Updated details of regular events are on www.little-melton.org.uk (see Village Facilities) and there is an email address for bookings there.

- * **Badminton**—Mondays 19:30, contact Stephen 810006, new players welcome
- * **Short Mat Bowls** Tuesdays 2.30-4.30pm and Thursdays (not in summer) 8-10pm.
A small friendly group who meet throughout the year and welcome new members. We have spare bowls, and ramps for those who need assistance. All you need is a pair of very flat shoes to avoid wear and tear on the carpets, come and have a try - £2.50 per session, tea and biscuits included. For further info please call Jean on 01603 812031 .
- * **Powerhoop** 18.30 pm and 19.30pm on Tuesdays. 45 minutes workout with a weighted hoop (so easy to keep up). 15 minutes hooping and movement and many other muscle, strength and cardio routines with the hoop. Fun for all and suitable for all levels as options are given. Jane Keeley - 07944 234388
- * **Little Poppets - Baby and toddler group** for playtime, tea and a chat. We have soft play and toys for all ages and everyone is welcome, whether parent, grandparent or carer. First time is free, £2/session thereafter. For more information, check our facebook page on <https://www.facebook.com/littlemeltonpoppets/> or email us on Littlemeltonpoppets@gmail.com
- * **Meltonians** - usually meet on the fourth Thursday of the month at 14.15pm for a very entertaining talk by a speaker followed by refreshments and a mardle. Ring John Turner 01603 811750 to learn more.
- * **Yoga**— Thursdays 18:15 to 19:30, Sarah Lewis on 07962 169185 - www.yogahappy.co.uk
- * **Fitcamp Challenge**—Fridays, 19:00, is 4 weeks of interval and circuit training, in a fun, supportive environment. The classes are designed to improve fitness and health through community motivation, laughter and nutritional education. All abilities welcome! Becca Jermy - 07411 347341 - www.beccajermy.com
- * **Street Dance**— Saturday mornings during term, 4-7yrs and 8-12yrs, contact Emily Spurgeon on 07766406542 or stardancecompany@icloud.com—www.stardance-company.co.uk

Little Melton Mothers' Union meeting will be on the last Monday of April as we welcome Mothers' Union speaker Mrs Sonia Mann to our meeting at 1:30 in the Village Hall when she will be talking to us about Guyana. There will not be a meeting in May.

In June we return to the first Monday and Mrs Eileen Pennington (Lady Lavinia) will be telling us about Victorian Clothing on June 4th at 1;30 in the Village Hall.

On Monday 2nd July we return to Beck Cottage by Kind invitation of Margot and Peter Markham for our Summer Outing and Tea Party.This is always a most enjoyable event and enables us to support WULUGU as well as having a lovely afternoon.

Date	Time	Event	Place
May 1st		Oil Economy - last order day	Village Shop
May 12th		School Fair	School
May 14th	19:30	Parish Council meeting	Village Hall
June 16th	12:30 - 16:00	Church Fete	64 School Lane
July 16th	19:30	Parish Council meeting	Village Hall
Sep 8th	14:00	Village Show	Village Hall

Mobile Library times

Apr 18, May 16, Jun 13

09:35 Near to 93 School Lane

10:00 Shop

10:20 Braymeadow Lane

10:45 Crossways

11:30 Ringwood Close

15:00 School

The 23rd Village Show will be on Saturday Sep 8th. A schedule will be distributed to each house during August. There will be categories for a wide range of fruits, flowers, vegetables and crafts. You can see photos and the schedule from last year on the website—follow the link from the Calendar page.

The **Book Group** meets about every 6 weeks. For further details please ring Joan Wheatley on 01603 812668.

Mothers' Union - mostly 1st Monday of the month, 1.30pm but see page 3 for details. Please contact Annetta Evans 01603 810007

The **oil economy group** places a bulk order every 3 months and gets the best price. The next ordering date is **1st May**—order forms are 25p and available from the shop.

DHF Café is a friendly place to meet for those experiencing memory loss, loneliness or needing a listening ear. On the third Tuesday each month from 10:00 to 12:00 at Hethersett Methodist Church Hall. Call Stephen on 07808 329102 for more information

The **Parochial Charity** exists to help any Little Melton resident who is in need of financial assistance. Help given in the past includes chiropodists' fees, children's school bus fares, fuel costs, essential house repairs, medical charges. All enquiries are treated with utmost confidentiality, just call—Jean Chamberlain 812031, John McDonald 810321.

The charity owns the **allotments**, please call Trevor Baker on 811636 if you would like one.

This newsletter is published by **Little Melton Parish Council**. Please contact chair@little-melton.org.uk, if you have questions or items to be published in the July 2018 edition.

Other PC contacts and information are at
www.little-melton.org.uk

